

FISIOTERAPI ASIA LEGACY

" Strength Restored Legacy Rebuilt"

COMPANY PROFILE

FISIOTERAPI ASIA LEGACY

RESTORING MOVEMENT. RELIEVING PAIN. IMPROVING LIVES.

Professional physiotherapy, rehabilitation and wellness solutions designed to support recovery, improve mobility and enhance quality of life.

Klang-HQ ,Jinjang Utara KL,Wangsa Walk KL,Bayu Emas Teluk Panglima Garang



COMPANY

INTRODUCTION

Established in 2019, Fisioterapi Asia Legacy is a growing physiotherapy, rehabilitation and wellness provider committed to helping individuals restore movement, manage pain and improve their overall quality of life. Through professional clinical care, personalised treatment programmes and modern rehabilitation techniques, we support patients at every stage of their recovery journey.

With centres in Klang,Jinjang Utara KL,Wangsa Walk KL,Bayu Emas Teluk Panglima Garang, together with partner facilities and in-house service locations, Fisioterapi Asia Legacy has expanded its reach to serve individuals, athletes, corporate organisations and local communities. Our services cover a wide range of needs, including musculoskeletal treatment, sports injury rehabilitation, stroke recovery, post-surgical rehabilitation, workplace injury management, home physiotherapy and preventive wellness programmes.

Led by founder Ms. Hema Malar Thayalan, the company is supported by a team of experienced physiotherapists, healthcare professionals and business advisors. Our physiotherapists are professionally trained and dedicated to providing safe, effective and patient-centred care based on each individual's condition, needs and recovery goals.

Supported by advanced rehabilitation equipment, practical treatment methods and strong community partnerships, Fisioterapi Asia Legacy continues to strengthen its position as a trusted physiotherapy provider in Malaysia. The company also aims to grow its service network and expand into the wider ASEAN healthcare market in the future.

VISION

MISSION & CORE VALUES



Vision

To become a trusted and leading physiotherapy and rehabilitation provider in Malaysia, recognised for professional care, advanced treatment solutions and meaningful improvements in patients' quality of life, while expanding our presence across the ASEAN region.

Mission

- To provide safe, effective and personalised physiotherapy services for individuals of all ages and physical conditions.
- To help patients reduce pain, restore mobility and regain confidence through evidence-based rehabilitation.
- To combine experienced clinical care with modern equipment and practical treatment techniques.
- To promote preventive healthcare, workplace wellness and community awareness through education and outreach programmes.
- To build strong partnerships with healthcare providers, corporations, sports organisations and local communities.

Core Values

- **Patient-Centred Care**
  We place every patient's needs, comfort and recovery goals at the centre of our treatment.
- **Professionalism**
  We maintain high standards of clinical practice, service quality and ethical responsibility.
- **Compassion**
  We treat every patient with empathy, respect and genuine care throughout their recovery journey.
- **Integrity**
  We communicate honestly, act responsibly and build trust through transparent service.
- **Continuous Improvement**
  We continuously strengthen our knowledge, treatment methods and service capabilities.
- **Teamwork**
  We believe better outcomes are achieved through collaboration among patients, therapists, healthcare professionals and partners.

LEADERSHIP &
PROFESSIONAL TEAM

At Fisioterapi Asia Legacy, our leadership and professional team bring together clinical expertise, operational experience and strategic guidance to deliver high-quality physiotherapy and rehabilitation services. Each team member plays an important role in supporting patient care, business growth and service excellence.

LEADERSHIP TEAM



HEMA MALAR THAYALAN
Director / CEO & Human Resources Director



THAYALAN SELVARAJU
Business Advisor & Marketing & Business Development



IZZATI MANARINA BINTI ISKANDAR ZULKARNAIN
Senior Physiotherapist



NORSYAFIQAH AQILAH BINTI ZULKEFLI
Head Physiotherapist



PREBSONEYAA KAUR A/P VIJAYAN
Administration



NURDAMIA AQILAH BINTI MOHD TAUFIK
Physiotherapist



MAAHESH PEREABAHER
Therapy Assistant

OUR LOCATIONS
& SERVICE NETWORK

Fisioterapi Asia Legacy has built a growing service network to make professional physiotherapy and rehabilitation care more accessible across the Klang Valley. Through our main outlets, partner facilities and in-house service locations, we are able to support individuals, families, corporate organisations, athletes and communities with a wide range of treatment and wellness needs.

OUR MAIN OUTLETS

- Fisioterapi Asia Legacy Klang
- Fisioterapia Jinjang Utara KL
- Fisioterapi Asia Legacy Wangsa walk
- Fisioterapi Asia Legacy Bayu Emas Teluk Panglima Garang

PARTNER & IN-HOUSE SERVICE LOCATIONS

- The Physio Pusrawi, Kota Damansara
- CVS KL — Inpatient and Home Physiotherapy Services
- In-House Physiotherapy at Northport



Through this network, Fisioterapi Asia Legacy delivers clinic-based treatment, home physiotherapy, inpatient rehabilitation, workplace wellness, employee health support and community outreach services. Our flexible service model allows us to reach patients in the setting that best suits their condition, mobility and recovery requirements.

As we continue to grow, Fisioterapi Asia Legacy remains focused on expanding its reach, strengthening healthcare partnerships and providing reliable, patient-centred rehabilitation services throughout Malaysia and, in the future, across the ASEAN region.

OUR **PHYSIOTHERAPY** SERVICES

Fisioterapi Asia Legacy provides comprehensive physiotherapy and rehabilitation services designed to relieve pain, restore movement and improve physical function. Each treatment programme is tailored to the patient's condition, lifestyle and recovery goals.



MUSCULOSKELETAL PHYSIOTHERAPY

Treatment for back pain, neck pain, joint stiffness, muscle strain, arthritis and other movement-related conditions.

SPORTS INJURY REHABILITATION

Personalised rehabilitation for sprains, ligament injuries, muscle tears and sports-related pain, with a focus on safe return to activity.

STROKE & NEUROLOGICAL REHABILITATION

Therapy to improve mobility, balance, coordination, strength and independence for individuals recovering from stroke or neurological conditions.

POST-SURGICAL REHABILITATION

Structured recovery programmes to restore strength, flexibility and movement following orthopaedic or other surgical procedures.

PAIN MANAGEMENT

Manual therapy, therapeutic exercise and modern treatment modalities to reduce acute and chronic pain.

WORKPLACE INJURY REHABILITATION

Assessment, ergonomic guidance, functional training and return-to-work rehabilitation for work-related injuries.

HOME & INPATIENT PHYSIOTHERAPY

Professional treatment provided at home, hospitals or partner facilities for patients with limited mobility or ongoing care needs.

ELDERLY MOBILITY & BALANCE TRAINING

Exercises and rehabilitation programmes that improve strength, stability and confidence while reducing the risk of falls.

ORTHOTICS, BRACING & PREVENTIVE CARE

Supportive devices, posture correction, injury-prevention education and home exercise guidance to promote long-term physical wellness.

SPECIALISED
REHABILITATION SOLUTIONS

Fisioterapi Asia Legacy provides targeted rehabilitation programmes designed around each patient's condition, mobility level and recovery goals. Our specialised solutions combine professional assessment, therapeutic exercise, manual techniques and modern equipment to support safe and effective recovery.

OUR SPECIALISED SOLUTIONS

- **Pain Management** — Treatment for acute and chronic muscle, joint and nerve-related pain.
- **Mobility Restoration** — Programmes to improve movement, flexibility and daily function.
- **Strength & Balance Training** — Exercises to rebuild muscle strength, stability and coordination.
- **Post-Surgical Rehabilitation** — Structured recovery support following surgery.
- **Stroke & Neurological Rehabilitation** — Therapy to improve movement, balance and independence.
- **Sports Rehabilitation** — Recovery and performance programmes for athletes and active individuals.
- **Workplace Rehabilitation** — Functional training and return-to-work support for occupational injuries.
- **Posture & Injury Prevention** — Guidance to correct movement patterns and reduce future injury risks.

Every programme is tailored to help patients recover confidently, regain independence and return to a more active lifestyle.





WOMEN'S
HEALTH & WELLNESS

Fisioterapi Asia Legacy provides specialised physiotherapy and wellness support for women at different stages of life. Our programmes are designed to improve physical comfort, confidence and overall well-being through personalised, non-invasive care.

KEY AREAS OF SUPPORT

- **Pelvic Floor Rehabilitation** — Strengthening and improving pelvic muscle function.
- **Urinary Incontinence Management** — Non-invasive treatment support using advanced technology such as the EMCELLA Chair.
- **Pregnancy-Related Care** — Support for back pain, posture changes and mobility discomfort.
- **Postnatal Rehabilitation** — Helping women regain strength, stability and physical confidence after childbirth.
- **Menopause Wellness** — Guidance for managing physical changes and maintaining an active lifestyle.
- **Workplace Wellness Programmes** — Health talks covering ergonomics, exercise, nutrition, stress management and women-specific health concerns.

Our goal is to empower women with practical knowledge, professional care and effective solutions for better long-term health.

ADVANCED
TECHNOLOGY & EQUIPMENT

Fisioterapi Asia Legacy combines professional clinical expertise with advanced rehabilitation technology to support pain relief, muscle recovery, mobility improvement and better treatment outcomes.

SUPER INDUCTIVE SYSTEM (SIS)

Uses a high-intensity electromagnetic field to support pain management, muscle stimulation, muscle relaxation, joint mobilisation and fracture-healing rehabilitation.

EMCELLA CHAIR

A non-invasive pelvic floor therapy solution designed to strengthen pelvic muscles and support women experiencing urinary incontinence.

COMBINATION THERAPY MACHINE

Combines different therapeutic modalities to help manage pain, reduce inflammation and support tissue recovery.

TENS THERAPY

Uses controlled electrical stimulation to help relieve pain, reduce discomfort and support muscle function.

THERAPEUTIC ULTRASOUND

Applies sound-wave energy to support tissue healing, improve circulation and reduce pain in muscles, tendons and joints.

REHABILITATION & GYM EQUIPMENT

Specialised exercise equipment is used to improve strength, balance, flexibility, coordination and functional movement.

Our equipment is applied according to each patient’s assessment, condition and personalised rehabilitation plan.







OUR **TREATMENT APPROACH**

At Fisioterapi Asia Legacy, every treatment begins with a clear understanding of the patient’s condition, physical limitations and recovery goals. Our approach combines professional assessment, personalised therapy and continuous progress monitoring to support safe and effective rehabilitation.

CONSULTATION & ASSESSMENT

We review the patient’s medical history, symptoms, mobility, strength, posture and functional concerns.

DIAGNOSIS & GOAL SETTING

Our physiotherapists identify the main causes of pain or movement difficulty and establish realistic recovery goals.

PERSONALISED TREATMENT PLAN

A tailored rehabilitation programme is developed using suitable manual therapy, therapeutic exercises and advanced treatment equipment.

TREATMENT & REHABILITATION

Patients receive focused care to reduce pain, restore movement, improve strength and rebuild confidence in daily activities.

PROGRESS MONITORING

Treatment progress is regularly reviewed, and the programme is adjusted according to the patient’s response and improvement.

HOME EXERCISE & PREVENTION

Patients receive practical exercises, posture advice and self-management guidance to support long-term recovery and reduce future injury risks.

Our goal is not only to treat symptoms, but to help every patient achieve better movement, greater independence and lasting physical well-being.



CORPORATE &
WORKPLACE PHYSIOTHERAPY

Fisioterapi Asia Legacy provides customised physiotherapy and workplace wellness solutions to help organisations improve employee health, reduce injury risks and support a safer, more productive working environment.

OUR CORPORATE SERVICES

- **Workplace Injury Assessment** — Evaluation and rehabilitation for work-related muscle, joint and movement problems.
- **On-Site Physiotherapy** — Convenient treatment and rehabilitation support at offices, factories and industrial locations.
- **Ergonomic Assessment** — Review of workstations, posture, lifting methods and daily movement habits.
- **Return-to-Work Rehabilitation** — Functional programmes that help employees recover safely and resume their duties.
- **Employee Health Screening** — Basic mobility, posture, strength and pain-related assessments.
- **Health Talks & Workshops** — Interactive sessions on ergonomics, exercise, women’s health, stress management and injury prevention.
- **Work Conditioning Programmes** — Targeted exercises designed around specific job demands and physical requirements.

Our corporate programmes can be tailored to suit offices, factories, ports, healthcare facilities and other workplaces, helping organisations promote employee well-being while reducing absenteeism and injury-related disruptions.

PARTNERSHIPS
PANELS & COLLABORATIONS

Fisioterapi Asia Legacy works closely with healthcare providers, corporate organisations, fitness centres and community agencies to expand access to professional physiotherapy and rehabilitation services.

HEALTHCARE PANELS

- PMCare
- Health Connect
- HealthMetrics
- E-Mas
- MedKad
- WeCare

STRATEGIC COLLABORATIONS

- Pusrawi Kota Damansara
- CVS KL
- Northport
- Jabatan Kebajikan Masyarakat
- Gympark Fitness
- PJ City Football Club

Through these partnerships, Fisioterapi Asia Legacy provides clinic-based treatment, home and inpatient physiotherapy, corporate wellness support, sports rehabilitation and community outreach programmes. Our collaborative approach allows us to reach more patients while maintaining reliable, professional and patient-centred care.



COMMUNITY ENGAGEMENT,
SPORTS & ROADSHOWS

Fisioterapi Asia Legacy actively supports healthier communities through public outreach programmes, sports partnerships and on-site wellness activities. These initiatives allow our team to raise awareness about physiotherapy, provide basic assessments and promote early care for pain, mobility and rehabilitation needs.

COMMUNITY OUTREACH

- Physiotherapy awareness campaigns
- Basic mobility and posture assessments
- Health screenings and wellness education
- Community rehabilitation support
- Programmes with Jabatan Kebajikan Selangor
- Participation in community wellness carnivals













SPORTS INVOLVEMENT

- Physiotherapy support for football tournaments
- Official physiotherapy partnerships
- Sports injury assessment and rehabilitation
- Treatment sponsorship for athletes, including Paralympic sports participants
- Recovery support for players and active individuals

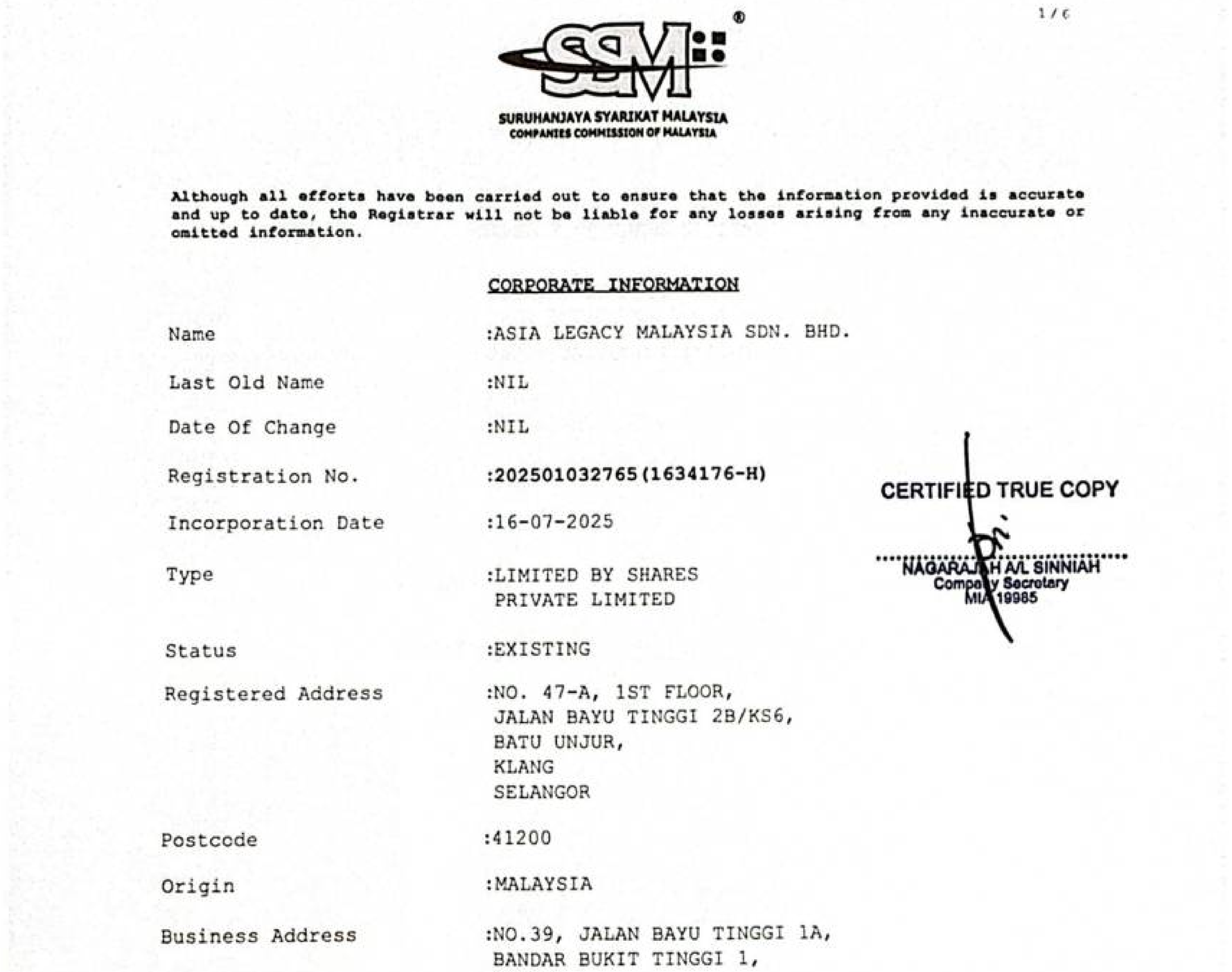
CORPORATE & PUBLIC ROADSHOWS

Fisioterapi Asia Legacy also conducts roadshows with organisations and local agencies, including Northport management, MPP Zone 24 and community development groups. These programmes help bring physiotherapy services, health education and preventive care directly to workplaces and communities.



CERTIFICATION &
SPORTS & ROADSHOWS

Fisioterapi Asia Legacy is committed to maintaining professional, ethical and high-quality standards across all physiotherapy, rehabilitation and wellness services. Our clinical team consists of trained and experienced professionals who deliver treatment with patient safety, privacy and effective recovery as key priorities.



SURUHANJAYA SYARIKAT MALAYSIA
COMPANIES COMMISSION OF MALAYSIA

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Although all efforts have been carried out to ensure that the information provided is accurate and up to date, the Registrar will not be liable for any losses arising from any inaccurate or omitted information.

CORPORATE INFORMATION

Name	:ASIA LEGACY MALAYSIA SDN. BHD.
Last Old Name	:NIL
Date Of Change	:NIL
Registration No.	**:202501032765(1634176-H)**
Incorporation Date	:16-07-2025
Type	:LIMITED BY SHARES PRIVATE LIMITED
Status	:EXISTING
Registered Address	:NO. 47-A, 1ST FLOOR, JALAN BAYU TINGGI 2B/KS6, BATU UNJUR, KLANG SELANGOR
Postcode	:41200
Origin	:MALAYSIA
Business Address	:NO.39, JALAN BAYU TINGGI 1A, BANDAR BUKIT TINGGI 1, KLANG SELANGOR
Postcode	:41200
Nature Of Business	:ACTIVITIES OF EMPLOYMENT PLACEMENT AGENCIES;CHILD DAY-CARE ACTIVITIES/NURSERY;PHYSIOTHERAPY AND OCCUPATIONAL THERAPY SERVICE

CERTIFIED TRUE COPY
NAGARAJAH A/L SINNIAH
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THANK YOU

FOR CHOOSING FISIOTERAPI ASIA LEGACY

YOUR RECOVERY. OUR COMMITMENT.

At Fisioterapi Asia Legacy, we are committed to helping every patient move better, recover stronger and live with greater confidence. Through professional care, personalised treatment and modern rehabilitation solutions, we strive to improve mobility, reduce pain and enhance quality of life.

GET IN TOUCH

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